

Whiteside Middle School



• indicates the item contains Pork

Friday, November 1

Breakfast
Pancake Sausage Sandwich*

Lunch
-Chicken Nuggets & Roll
-Meatloaf Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Mashed Potatoes & Gravy
Orange Smiles
Cold Milk

We offer General Mills Cereal and Cereal Bars as additional Entrée choices. Breakfast includes milk, fruit and juice choice.

Monday, November 4

No School

Tuesday, November 5

Election Day
No School

Wed., November 6

Breakfast
Pancake & Sausage on Stick*

Lunch
-Popcorn Chicken, Pretzel Bites & Cheese Sauce
-Sub Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Steamed Broccoli
Mixed Fruit
Cold Milk

Thursday, November 7

Breakfast
Trix Cereal Muffin

Lunch
-Bacon Cheeseburger*
-Hot & Spicy Chicken Sandwich
-Italian Salad & Bosco Stick*
-Deli Sandwich
French Fries
Stars & Stripes Frozen
Juice Cup
Cold Milk

Friday, November 8

Breakfast
Breakfast Bagel*

Lunch
-Soft Beef Tacos
-Fish Shapes & Cornbread Muffin
-Chef Salad & Bosco Stick
-Deli Sandwich
Cheesy Refried Beans
Fresh Apple
Cold Milk

WARM AND SOAPY.

You wash your hands to get rid of germs – and water alone can't do that. You need soap and warm water to rinse away bacteria. So soap up your hands, pull them out of the water stream and rub them all over for at least ten or fifteen seconds, and then rinse off.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!