Volleyball Teams Go Undefeated

Lady Warriors Are Undefeated
By: Keara Connolly

This year’s 7th and 8th grade girls volleyball teams had a great season. Both teams came out of the season undefeated and with a tournament win. Coach Andrews said, “The 7th and 8th grade girls volleyball teams have wrapped up their seasons. The 7th graders went undefeated with a record of 14-0 including 1st place in the Belle Valley Tournament. The 8th grade team had a final record of 17-2. They were undefeated in conference play and claimed 1st place in the Belle Fair Conference Tournament.” Both teams have had a great season. We wish good luck to the 8th graders who will play at the high school next year and we can’t wait to see what the 7th graders will do next year.

Couch to 5K Leading Up to Whiteside 5K
By: Jaclyn Jolly

Are you doing the couch to 5K? Well, if you are that is truly great to exercise and have fun with your friends. Mrs. Bolding started this program to give students something fun and healthy to do after school. She said, “I started this because I wanted to get kids involved.” Bolding is joined by Principal Mrs. Laurent and Superintendent Mrs. Burke and they can be seen walking and jogging right along the students. Laurent said it’s great for everyone. “I get to be with the kids and it helps your mind and body plus it’s fun.” Fifth grader Na’Anna Rice has been participating in this program and really enjoys it. She said, “I like to run and I want to do the 5k but not run the whole time.” Seventh grader Marvia Strong said she isn’t sure if she will be running in the 5k but added, “I want to be healthy.” The fifth Annual Whiteside Warrior 5K Run/Walk is on Saturday, April 21 at the Middle School starting at 8am. It’s not too late to sign up. Please see Ms. Tami for more information or email erin.connolly@wssd115.org.

Joshua’s Great Things Foundation
By: Keara Connolly

Joshua Brown would have been an 8th grade student this year who unfortunately lost his battle with brain cancer and passed away on June 2, 2013 when he was in 3rd grade. Joshua’s mom, Rhonda Brown, started the charity, Joshua’s Great Things, to help fund research on childhood brain cancer. “One of the central goals of Joshua’s Great Things Foundation is to fund and help speed up the research of cures for pediatric brain tumors.” The Foundation also supports families who have a child with brain cancer. On Friday March 16, Whiteside Middle School wanted to honor one of our own by having a Student Council Sponsored Hat Day. The students sold bracelets, donuts and took donations for wearing hats. Whiteside Middle School raised $700 for Joshua’s Great Things Foundation. Joshua was a great friend to many of us and he is greatly missed by all.
WELCOME MS. MARY SABO TO WHITESIDE
By: Alaysha Burks

Ms. Mary Sabo has always loved English classes. "I have always loved to read, so I loved my English classes in school," she said. So she was very excited to work at Whiteside Middle School. Sabo teaches 7th grade Literature in room 610. She said her favorite thing about teaching is having her students learn. "My favorite part about teaching is watching students grow and succeed over the school year," she said. Sabo is impressed with Whiteside and said she loves how supportive the school and students are for others. "I love how friendly and helpful everyone is at Whiteside," she said. "It is definitely a big community. I love how involved the students are in making Whiteside a great place to be for everyone." When she is not lesson planning or grading papers, Sabo enjoys reading, baking, spending time with family and friends and travelling. "I will be checking England and France off my bucket list this summer," she said. A little unknown secret is that Sabo can also sing! She loved music class and was in four different choirs when she attended Belleville East.

END THE WORD EDITOR'S COLUMN
By: Keara Connolly

Recently, there have been a lot of posters around school promoting the "Spread the word to end the word" campaign. This promotion is trying to get people to stop using the r-word. This word can be very offensive if it is used to describe someone. Dr. Hasenstab said this is so important because, "The words "retarded" and "retard" cause pain. We never know who overhears our comments or whose brother, sister, cousin, mom or dad has special needs. Each of us has different abilities that make us unique and valuable. We all have an opportunity to make our world a better place for everyone by choosing to remove those words from our conversations." If you hear someone using the "r-word" in a conversation, "It doesn't take a long lecture to let people know how you feel about their use of the "r" word. It's important to let others know where you stand by simply saying, "Hey, that's not cool" or "When you use that word you're insulting people that I care about" you're sending a strong message."

Wear Orange Day
By: Patrick LoIstand

Wear Orange Day was a huge hit with many kids participating. The school event was put on by the Go Team. The Go Team members wanted to promote healthy relationships. Alex Petraborg said, "I've never been in (a relationship) before, but if I was in one, communication is the key." According to Devan Perry, a bad or unhealthy relationship is "not understanding each other." If you feel that you or one of your friends are in an unhealthy relationship what should you do? Who should you talk to about it? Kyndra Small offered up this advice. "You should talk to the person that is being violent because if you address it to them they might stop." If that does not work, Dr. Hasenstab said, "Getting the word out helps people know not to hurt others," Hasenstab said. "Always remember, abuse in dating violence is not just physical."

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Ms. Sabo teaches 7th grade Literature and loves reading. Currently, her students are working on a poetry unit.